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Answers by Expert:

[Stephen W. Leslie, MD](#)[Arthur Goldstein, M.D.](#)[Joel Gelman, M.D.](#)[Ask Experts](#)[Volunteer](#)

Stephen W. Leslie, MD

Expertise

Questions concerning erectile dysfunction, kidney stones and prostate disorders including prostate cancer. I have a special interest in kidney stone disease prevention.

Experience

Full time practicing urologist with 30 years experience. Associate Professor of Surgery and Chief of Urology at Creighton University Medical Center. Editor in Chief of eMedicine Urology internet textbook. Author of only NIH approved book written for patients by a urologist on the subject of kidney stones "The Kidney Stones Handbook". Inventor of the "Parachute" and "Escape" kidney stone baskets and the "Calculus" stone prevention analysis computer program.

Organizations

American Urological Association, Ohio State Medical Association, Sexual Medicine Society

Publications

Men's Health, Journal of Urology, Urology, Healthwatch Magazine, Emergency Medicine Monthly, eMedicine, "The Kidney Stones Handbook", and numerous articles in various newspapers. He is

Erectile Dysfunction

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Urology/Foreskin restoration

Expert: [Stephen W. Leslie, MD](#) - 3/19/2014

Question

I decided to look into foreskin restoration, and from what I can gather, surgical restoration is definitely possible, but seems costly and painful.

There are a slew of other methods (tugging, weights, etc.) that I came across, but I have no idea if any of it is safe or if any of it even works. The websites make a lot of dubious claims, so I wanted to ask an expert for advice. Which of these devices actually work and which are safe? Is foreskin restoration really possible without surgery or is it all just smoke and mirrors?

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Answer

Ashley:

You are correct that restoration of the foreskin is difficult, costly, not covered by insurance, and may not be totally successful in fixing whatever problem, real or imagined, is being addressed by the restoration.

None of the devices suggested for restoration are effective or safe. Placing weights, springs and other devices to lengthen the penis or penile skin can do so without the potential risk of damage to the delicate nerves and blood vessels to the penis so there is a real risk of damage to the erection process and/or sensation. Sorry.

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also the editor of the Urology Board Review by McGraw-Hill used by urologists to study for their Board Certification Examinations.

Education/Credentials

Graduate of New York Medical College with residencies completed at Metropolitan Hospital New York, Albany Medical Center and University of Wisconsin-Madison.

Awards and Honors

Thirlby Award of the American Urological Association. Rated as one the country's Best Urologists by the Independent Consumer's Research Institute

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